We Claim:

1. A method for making and contacting a doping region of a semiconductor component, which comprises the steps of:

providing a silicon substrate having a substrate surface;

introducing a dopant into the silicon substrate resulting in the doping region being formed at the substrate surface in the substrate;

depositing and patterning an insulating layer on the substrate surface, a surface region of the doping region being uncovered;

depositing a metal-containing layer on the insulating layer and the surface region;

processing the substrate during a first step in a process chamber at a first temperature in a first atmosphere containing H_2 , for a first time duration, resulting in metal silicide being produced from a part of the metal-containing layer and a part of the doping region; and

subsequently processing the substrate during a second step at a second temperature in a second atmosphere containing less than 10% $\rm H_2$ and more than 90% $\rm N_2$, for a second time duration to

convert a remaining part of the metal-containing layer into metal nitride.

- 2. The method according to claim 1, which further comprises setting the first time duration to be shorter than the second time duration.
- 3. The method according to claim 1, which further comprises forming the metal-containing layer from a material selected from the group consisting of titanium, tantalum, cobalt, molybdenum, palladium, platinum, nickel and tungsten.
- 4. The method according to claim 1, which further comprises using an ionized metal plasma method at a temperature between 180° C and 220° C for depositing the metal-containing layer.
- 5. The method according to claim 1, which further comprises using a wet-chemical cleaning process for cleaning the uncovered surface region.
- 6. The method according to claim 1, which further comprises using an ionized metal plasma method at a temperature of 200° C \pm 5° C for depositing the metal-containing layer.

- 7. The method according to claim 1, which further comprises during the first step, carrying out the processing of the substrate at a temperature of 550° C.
- 8. The method according to claim 1, which further comprises during the first step, forming the first atmosphere to contain N_2 with a proportion of less than 25%.
- 9. The method according to claim 1, which further comprises during the second step, forming the second atmosphere to contain a proportion of 4% H_2 and a proportion of 96% N_2 .
- 10. The method according to claim 9, which further comprises during the second step, carrying out the processing of the substrate at the second temperature being 550° C.